



Experts in herbal pet care

ANXIOUS PETS

Your guide to naturally supporting
your nervous or fearful pet



Natural calm

Anxiety, fear and nervousness in our pets can be difficult to witness and the resultant behaviours hard to manage, but we are here to help.

Recognising the signs of stress in our pets is the first step to addressing it, but these can vary from clear fear behaviour to less obvious signs, such as yawning in dogs. Signs in cats are often even more subtle.

Many things can cause anxiety or fear in dogs and cats, with some pets just being naturally 'nervier' in personality than others. **Identifying the cause** is the next step in addressing your pet's anxiety.

Common causes of anxiety

- Noise phobias (fireworks/thunderstorms)
- Travelling
- Showing
- Vet visits
- Separation anxiety
- Habitual anxiety
- New home/rescue
- Canine cognitive dysfunction and associated confusion/disorientation
- False pregnancy - bitch can become anxious and unsettled

Finally, you need to **take action**. Speaking to a vet or qualified behaviourist is often helpful to get advice specific for your pet. For many fears associated with specific situations, the key is identifying triggers, and then using gentle training or techniques, such as desensitisation programmes to help reduce the fear. Habitual anxiety or nervousness can be harder to manage, but improvements can be made over time.

Our natural herbal products can help too by directly reducing your pet's anxiety, which also creates a more favourable state for longer term training.



Scullcap & Valerian Tablets

With authenticated herbs to tackle stress, fear and anxiety, best effects are seen when used over time. The natural active compounds help to naturally support the calming pathways within the nervous system, reducing anxiety without immobilising muscles or causing drowsiness.

Valerian Compound

Calm your stressed, excitable or frightened pet quickly and naturally, with pure extracts of three herbs in easy to give liquid form. Ideal for 'one-off' stressful events, or can be used alongside our Scullcap & Valerian Tablets for a 'top-up' if required.



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We've been supporting the health of dogs and cats for over 70 years as a family-run business, now in its third generation, and are proud to be the UK's leading provider of canine and feline herbal supplements. Whether it's providing personalised, knowledgeable advice or ensuring quality, purity, sustainability, and traceability for all our ingredients, consistent quality, expertise and care is built into everything that we do.

Should you require further information on other leaflets in our range or require advice either:

Ask at your local stockist to speak to the Dorwest trained member of staff

Call Dorwest direct on 01308 897272 to speak to an expert advisor (9am – 4pm Monday to Friday)